



## Caring for your Pierced Ears

Congratulations on your newly pierced ears!

Most of the problems that can arise post-piercing result from poor care of a new piercing. Make sure to ALWAYS follow these simple guidelines:

- Always wash your hands with anti-bacterial soap before touching your ears or earrings. Avoid touching your new piercing except during cleaning.
- Clean the front and back of the piercing 2 times a day by applying the provided ear care solution with a cotton ball or cotton swab.
- Check the clutch back position and make sure the earring clutch is pushed back into the safety notch on the post. The tip of the post should be covered and the clutch should never be pushed flush against the ear.
- Gently slide the earring back and forth, and then rotate the earring a few turns forward and backward. This allows for the ear care solution to work its way into the piercing.
- Protect your new piercing from soap, cosmetics, perfume, and hair products. Be extra careful brushing your hair, exercising, talking on the phone, swimming, sleeping, and wearing headphones.
- Leave your piercing earrings in for 6 weeks before you remove them or insert any other earring. Post earrings must be worn at all times for 6 months to make sure your piercing stays the perfect size.
- If you have any concerns about how your ears are healing, please do not hesitate to contact us at any point.

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